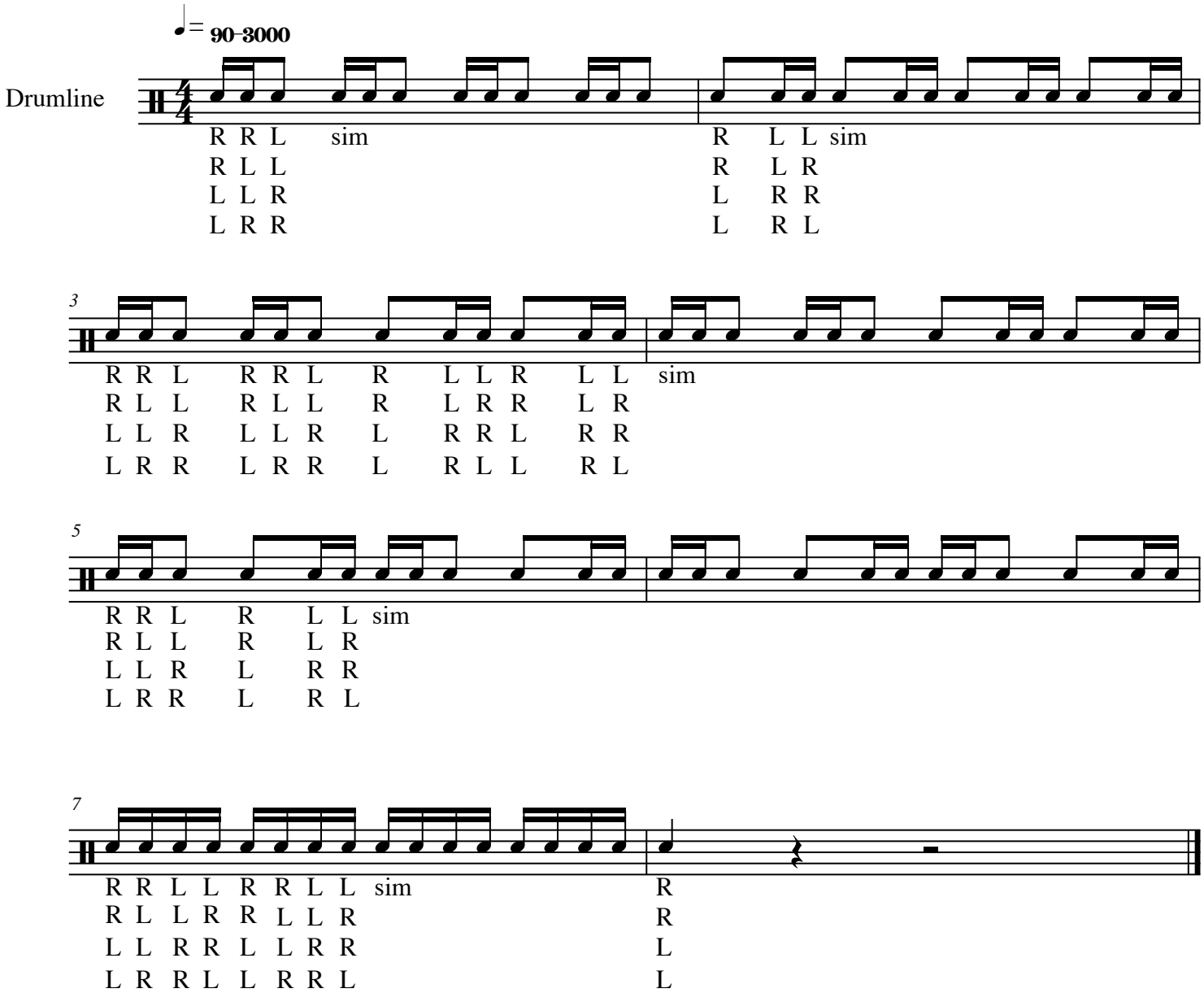
Rennick Diddles

Paul Rennick



We will cycle trough
these stickings when
performing this exercise